THE SAGE DAD

SMALL ADVENTURES. TIME TOGETHER.

Feelings faces

SD-B033 / EXPLORERS · AGES 4–6

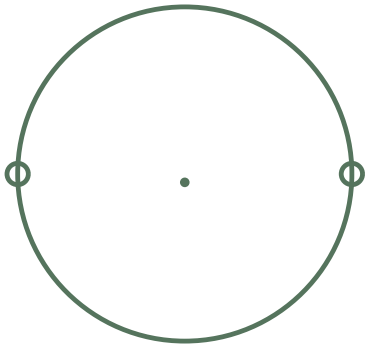
Notice and name different feelings.

YOU NEED: Pencil; mirror optional

MEET	Make a happy face together.
WATCH	Look at how eyebrows and mouths change.
TRY	Draw faces for happy, worried, and surprised.
CELEBRATE	Draw how you feel right now.

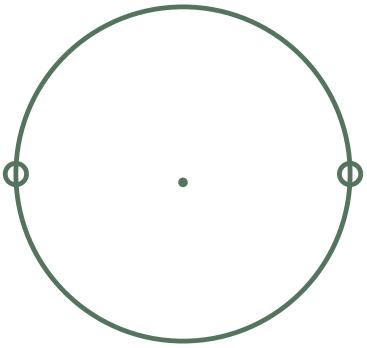
THREE FEELING FACES

HAPPY



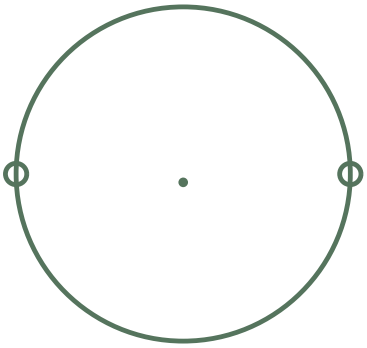
eyebrows? eyes? mouth?

WORRIED



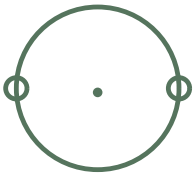
eyebrows? eyes? mouth?

SURPRISED



eyebrows? eyes? mouth?

My feeling today



My feeling word

Right now I feel…

GROWN-UP GUIDE: All feelings are welcome. Do not insist on sharing private emotions.