

Sound survey

AGES 5-10 / ABOUT 10 MIN / WITH A GROWN-UP

1. Sit still for 2 minutes with a grown-up. Close your eyes or look out the window.
2. Make a tally mark each time you hear a sound. Write what made it.
3. Which sound happened the most? Draw it.

Tally chart: sound / marks

Loudest sound I heard

MY NAME OR MARK: _____

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THE GROWN-UP GUIDE

Listening closely is a kind of observing.

GATHER

This sheet, pencil, a quiet spot indoors or out, a timer.

A QUESTION TO BORROW

Which sound was a surprise? Which one was far away?

MAKE IT EASIER

Listen for one minute. Point to the picture or sound instead of writing.

ADD A CHALLENGE

Do the survey in two places (inside and outside) and compare totals.

A GOOD PLACE TO STOP

Try it again tomorrow at a different time.

KEEP IT COMFORTABLE & SAFE

Stay seated and calm. Stop if sounds feel too loud or upsetting.

CONNECTED TO

The Sage Dad · Noticing

Age ranges are a guide. Let your child point, draw, dictate or write.
Use with a grown-up; pause whenever either of you needs a break.